

Growing STRENGTH Realizing SUCCESS



Wednesday, May 19th, 2010
Quality Parkway Convention Centre
Ontario Street, St. Catharines

At our 21st Annual Adult Conference, you will have the opportunity to learn from experienced professionals. Later at our symposium, gather valuable information from various social service agencies.

Join us for an exciting day ... enlightening speakers, a delicious lunch, live classical music and many wonderful door prizes!

Please fill out the attached registration form now. Give your registration form and payment to your teacher. See you at the Conference!

Registration must be received by May 12th

REGISTRATION FEES

Students: \$15
If you bring a guest: \$30

Cheques made payable to:
 Lifetime Learning Program Development
 Post-dated cheques will NOT be accepted after May 12



**Lifetime
Learning
Centre**

where students learn to earn
 535 Lake Street, St. Catharines, ON
 (905) 646-3737 www.lifetimelearning.ca

Itinerary

Registration and Refreshments 8:15 am - 8:45 am

Keynote Speaker 8:50 am - 9:55 am
William Thomas

Session A 10:15 am - 11:15 am

A1 Patti Stirling
 Digital Dirt: What Is It and How Do I Get Rid of It?

A2 Edward Akinwunmi
 A Business Run With Passion Is Fun!

A3 Erin Turcke
 Sourdough - A Recipe for Life

Session B 11:30 am - 12:30 pm

B1 Patti Stirling
 Digital Dirt: What Is It and How Do I Get Rid of It?

B2 Nadja Halilbegovich
 My Childhood Under Fire

B3 Carol Prentice
 No More Negative Emotions: Are You Ready to Be Free?

Symposium 12:30 pm - 1:30 pm

Agencies will be available to provide you with information. Visit with Presenters who will have books available for sale.

Lunch & Door Prizes/
 Closing Remarks



21st Annual Adult Conference
Lifetime Learning Centre



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Growing STRENGTH

KEYNOTE SPEAKER

William Thomas

William Thomas is an author, a scriptwriter, a radio and television commentator and a nationally-syndicated newspaper columnist. He's been nominated twice for The Gemini Award for writing movies for television. His weekly column, "From the Land Of the Loony," appears in 45 Canadian and U.S. newspapers. Please visit his webpage at www.williamthomas.ca

SESSION A1 AND SESSION B1

Patti Stirling

Digital Dirt: What Is It and How Do I Get Rid of It?

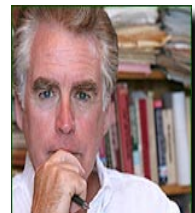
How much "digital dirt" is there about you floating around the Internet? None? Think again.... And if you don't know what this means, you better attend this workshop. This will be a fun and informative session that will help you understand "digital dirt." Patti will show you several free and easy ways to make your online presence a positive one!

SESSION A2

Edward Akinwunmi

A Business Run With Passion is Fun!

Edward believes anyone going into business should be passionate about the line of business desired. He advocates self discovery of one's passion as the first step in starting a business. He believes that good research, strong will and an ability to take risks are qualities of a new entrepreneur. The session will trace how Edward was able to set up a business with meager resources as a new Canadian.



Realizing SUCCESS

SESSION A3

Erin Turcke

Sourdough – A Recipe for Life

Erin finds herself surrounded by the ethereal beauty of the Niagara region celebrating the recent publication of her first book: **Sourdough - A Recipe For Life**. Her bread is baked every night in an outdoor, wood-fired oven which is surrounded by the spectacular scenery of Ravine Vineyards and Estate Winery in the village of St. Davids. Enjoy a discussion on the nature of sourdough bread in a constructive and life-changing kind of way.

SESSION B2

Nadja Halilbegovich

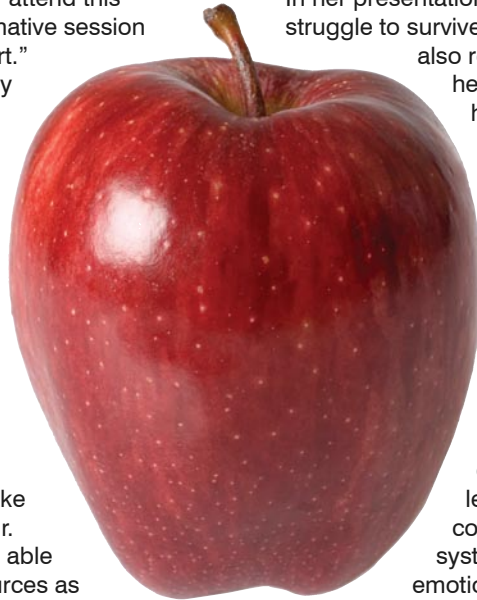
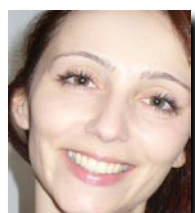
My Childhood Under Fire

In her presentation, Nadja shares her story of war, her struggle to survive and persevere against all odds. She also reads from her book, sings and plays her guitar and shares the lessons she has learned from this experience.

SESSION B3

Carol Prentice

No More Negative Emotions: Are You Ready to Be Free? In this life changing Emotional Freedom Technique (E.F.T.) Workshop you will learn a simple form of psychological acupressure that will allow you to easily change the way you think & feel in a matter of minutes. This is your chance to learn more about the mind/body connection, the meridian energy system, and how to eliminate negative emotions and feelings by tapping on specific acupressure points.



Please indicate:	<input type="checkbox"/> Student	<input type="checkbox"/> Teacher	<input type="checkbox"/> Ontario Works client	<input type="checkbox"/> Other
Please Print CLEARLY				
Surname:	First name:			
School:	Teacher:			
You will attend two (2) seminars: MAKE YOUR CHOICES BELOW				
Session A A1, A2, A3	First Choice	Session B B1, B2, B3	First Choice	Second Choice
	Second Choice		Second Choice	
If, for dietary reasons, you require a special meal at lunch, please specify:				
For office use only: Date submitted:				Initials :